



Bloxham CE Primary School

Knowledge and Skills Progression in Design and Technology

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Everyday products	<p>AOL: Exp A&D</p> <p>Skill Name and explore a range of everyday products and begin to talk about how they are used.</p> <p>Broad knowledge Everyday products are objects that we use every day. These objects have a specific use.</p>	<p>Skill Name and explore a range of everyday products and describe how they are used.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> An axle is a rod that is connected to the centre of a wheel, which allows it to turn. A chassis is the frame of a vehicle. A shelter is a structure designed to give protection from weather or danger. 	<p>Skill Explain how an everyday product could be improved.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> There are many home products made from fabric. Examples of fabric based products in the home include cushions, curtains, blinds and carpets. Products can be improved in different ways, such as making them easier to use, more hardwearing or more attractive. 	<p>Skill Explain how an existing product benefits the user.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Particular products are designed for specific tasks. For example designing a product to help grow plants will require certain materials. 	<p>Skill Investigate and identify the design features of a familiar product.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Design features are the aspects of a product's design that the designer would like to emphasise. For example, the use of a particular material or a feature that makes the product durable. A switch makes or breaks a circuit. When a switch is closed or 'on', the circuit is complete. When a switch is open or 'off', the circuit is incomplete. A programmable device is a machine that is provided with coded instructions 	<p>Skill Explain how the design of a product has been influenced by the culture or society in which it was designed or made.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> The design of products needs to take into account the culture of the target audience. The ancient Greeks developed the Classical form of architecture that has been copied for thousands of years. 	<p>Skill Analyse how an invention or product has significantly changed or improved people's lives.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Make Do and Mend was a campaign run by the Ministry of Information during the Second World War to encourage people to recycle and repurpose their old clothes rather than buy new. The Make Do and Mend campaigns aimed to limit the amount of labour and materials used in clothes production, so that it could be used to support the greater war effort. A processed food is changed during

for the automatic performance of a task.

preparation and includes processes, such as cooking, freezing, pasteurising, or the addition of ingredients.

- Processed foods can be convenient and increase availability, but often lack of nutrients and contain unhealthy ingredients when compared to whole foods.
- Sliced bread is processed. It can contain many more ingredients than homemade bread, including preservatives and artificial ingredients.
- Bridge structures have changed over time. This is due to factors such as technology, design innovation and new and better access to materials.

Staying safe	AOL: PSEDAOL: PD Skill	Skill Follow the rules to keep safe during a practical task.	Skill Work safely and hygienically in	Skill Use appliances safely with adult supervision.	Skill Work safely with everyday chemical products under	Skill Explain the functionality and purpose of safety	Skill Demonstrate how their products take into
---------------------	------------------------	--	---------------------------------------	---	---	---	--

	<p>Follow rules and instructions to keep safe.</p> <p>Broad knowledge Rules keep us safe when using equipment. Safety rules include always listening carefully and following simple instructions, using equipment only for the tasks they are designed for and washing hands before touching food.</p>	<p>Core knowledge</p> <ul style="list-style-type: none"> Rules are made to keep people safe from danger. Safety rules include always listening carefully, following instructions and using equipment only when told to. 	<p>construction and cooking activities.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Hygiene rules include washing hands before handling food, cleaning surfaces, tying long hair back, storing food appropriately and wiping up spills. 	<p>Core knowledge</p> <ul style="list-style-type: none"> Safety rules must be followed when using electricity. Fingers and other objects must not be put into electrical outlets, anything with a cord or plug should never be used around water and a plug should never be pulled out by its cord. 	<p>supervision, such as disinfectant hand wash and surface cleaning spray.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Chemicals are used in the home every day. They include cleaning products, such as bleach and disinfectant, but also paints, glues, oils, pesticides and medicines. Chemicals should only be used under adult supervision. 	<p>features on a range of products.</p> <p>Broad knowledge Safety features are often incorporated into products that might cause harm. Some examples include the child-safety caps on medicine bottles, seatbelts in cars, covers for electrical sockets and finger guards on doors.</p>	<p>account the safety of the user.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> The safety of the user has to be taken into account when designing a new product.
Mechanisms and movement	<p>AOL: Exp A&D</p> <p>Skill Explore, build and play with a range of resources and construction kits with wheels and axles.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Wheels help vehicles move. An axle is a rod that goes 	<p>Skill Use wheels and axles to make a simple moving model.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Most vehicles that move on land have axles and wheels that are fixed to a chassis. An axle fixed to a chassis 	<p>Skill Use a range of mechanisms (levers, sliders, wheels and axles) in models or products.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> People build machines to make their work easier. A machine is made up of different parts 	<p>Skill Explore and use a range of mechanisms (levers, sliders, axles, wheels and cams) in models or products.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Cams are devices that can convert circular motion into up-and-down motion. 	<p>Skill Explore and use a range of mechanisms (levers, axles, cams, gears and pulleys) in models or products.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Simple machines make physical jobs easier by changing the strength or 	<p>Skill Use mechanical systems in their products, such as pneumatics.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> A pneumatic system uses compressed air to exert a force. Pneumatic systems can be used to lift 	<p>Skill Explain and use mechanical systems in their products to meet a design brief.</p> <p>Broad knowledge Mechanical systems can include sliders, levers, linkages, gears, pulleys and cams. Other mechanisms include pneumatics and hydraulics.</p>

<p>through the middle of the wheel to help it stay in place.</p> <ul style="list-style-type: none"> • Vehicles have wheels and axles to help them move. 	<p>has freely moving wheels.</p> <ul style="list-style-type: none"> • A freely moving axle has fixed wheels. 	<p>that all work together to perform a task.</p> <ul style="list-style-type: none"> • Individual parts of a machine are called components. • The part of a machine that brings about movement is called the mechanism. • A slider mechanism moves in a straight line. • Real-life examples of slider mechanisms include door bolts and drawers. • A lever mechanism is a bar that moves around a fixed point called a pivot. • Real-life uses of levers include scissors and seesaws. 	<ul style="list-style-type: none"> • The cam is fixed to the axle and the follower sits on the cam. When the axle is rotated, the follower moves up and down, following the shape of the cam. • Different shaped cams produce different patterns of movement in the follower. 	<p>direction of a force.</p> <ul style="list-style-type: none"> • There are six simple machines: pulley, lever, wheel and axle, wedge, inclined plane and screw. • Simple machines can be combined to make complex, compound machines. For example, a wheelbarrow combines a lever with a wheel and axle. 	<p>heavy loads, raise and lower platforms or soften a force by acting as a shock absorber.</p>
--	---	---	---	---	--

- A linkage mechanism combines levers and sliders.
- Real-life uses of linkages include toolboxes and scissor lifts.

Electricity	<p>AOL: Exp A&D</p> <p>Skill Identify products that use electricity to make them work.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> • Microwaves, toasters and blenders are machines. Machines need power to make them work. 	<p>Skill Identify products that use electricity to make them work and describe how to switch them on and off.</p> <p>Broad knowledge Electricity is a form of energy. Many household appliances use electricity, such as kettles, televisions and washing machines. They can be switched on by completing the circuit to allow the flow of electricity or off by breaking the circuit to prevent electricity from flowing. This can be a switch on the appliance or a wall socket switch.</p>	<p>Skill Create an operational, simple series circuit.</p> <p>Broad knowledge A series circuit is made up of an energy source, such as a battery or cell, wires and a bulb. The circuit must be complete for the electricity to flow.</p>	<p>Skill Incorporate a simple series circuit into a model.</p> <p>Broad knowledge An electric circuit can be used in a model, such as a lighthouse. It can be controlled using a switch.</p>	<p>Skill Incorporate circuits that use a variety of components into models or products.</p> <p>Broad knowledge Components can be added to circuits to achieve a particular goal. These include bulbs for lighthouses and torches, buzzers for burglar alarms and electronic games, motors for fairground rides and motorised vehicles and switches for lights and televisions.</p>	<p>Skill Use electrical circuits of increasing complexity in their models or products, showing an understanding of control.</p> <p>Broad knowledge Electrical circuits can be controlled by a simple on/off switch, or by a variable resistor that can adjust the size of the current in the circuit. Real-life examples are a dimmer switch for lights or volume control on a stereo.</p>	<p>Skill Understand and use electrical circuits that incorporate a variety of components (switches, lamps, buzzers and motors) and use programming to control their products.</p> <p>Broad knowledge Computer programs can control electrical circuits that include a variety of components, such as switches, lamps, buzzers and motors.</p>
Generation of ideas	<p>AOL: Exp A&D</p> <p>Skill Create collaboratively,</p>	<p>Skill Create a design to meet simple design criteria.</p>	<p>Skill Generate and communicate their</p>	<p>Skill Develop design criteria to inform a design.</p>	<p>Skill Use annotated sketches and exploded diagrams to test and</p>	<p>Skill Use pattern pieces and computer-aided</p>	<p>Skill Develop design criteria for a functional and appealing product that</p>

	<p>share ideas and use a variety of resources to make products inspired by existing products, stories or their own ideas, interests or experiences.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> It is important to share resources and communicate our ideas in order to get on with others. 	<p>Core knowledge</p> <ul style="list-style-type: none"> A product or project is usually guided by a set of design criteria. The project or product must meet the design criteria to be successful. 	<p>ideas through a range of different methods.</p> <p>Broad knowledge</p> <p>Ideas can be communicated in a variety of ways, including written work, drawings and diagrams, modelling, speaking and using information and communication technology.</p>	<p>Core knowledge</p> <ul style="list-style-type: none"> Design criteria are the exact goals a project must achieve to be successful. These criteria might include the product's use, appearance, cost and target user. 	<p>communicate their ideas.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Annotated sketches and exploded diagrams show specific parts of a design, highlight sections or show functions. They communicate ideas in a visual, detailed way. 	<p>design packages to design a product.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Computer-aided design (CAD) is the use of specialised computer software to design objects. CAD designs can also be made into objects using 3-D printers. 	<p>is fit for purpose, communicating ideas clearly in a range of ways.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Ideas can be communicated in a range of ways, including through discussion, annotated sketches, cross-sectional and exploded diagrams, prototypes, pattern pieces and computer-aided design.
Structures	<p>AOL: Exp A&D</p> <p>Skill</p> <p>Construct simple structures and models using a range of materials.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> There are lots of different types of puppets. Some puppets have moving parts. There are lots of different types of puppets including finger puppets. 	<p>Skill</p> <p>Construct simple structures, models or other products using a range of materials.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Different materials can be used for different purposes, depending on their properties. 	<p>Skill</p> <p>Explore how a structure can be made stronger, stiffer and more stable.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Structures can be made stronger, stiffer and more stable by using cardboard rather than paper and triangular shapes rather than squares. 	<p>Skill</p> <p>Create shell or frame structures using diagonal struts to strengthen them.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Diagonal struts create triangular shapes within a frame structure. Adding diagonal struts to a frame structure adds strength and stability. 	<p>Skill</p> <p>Prototype shell and frame structures, showing awareness of how to strengthen, stiffen and reinforce them.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> A prototype is a mock-up of a design that will look like the finished product but may not be full size or made of the same materials. 	<p>Skill</p> <p>Build a framework using a range of materials to support mechanisms.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Support, stiffness and stability can be created by using triangular shapes to create strong frameworks, columns to support roofs and overlapping brickwork patterns. 	<p>Skill</p> <p>Select the most appropriate materials and frameworks for different structures, explaining what makes them strong.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Strength can be added to a framework by using multiple layers or changing its shape. Triangles do not collapse or distort easily and so are used in architecture to

						<ul style="list-style-type: none"> • Mechanisms and systems can work together to perform a function. • A strong and stable structure is necessary to support mechanisms in a machine. 	provide support and stability.
Use of ICT	<p>AOL: Exp A&D</p> <p>Skill</p> <p>Use digital devices to take digital images or recordings of their creations to share with others.</p> <p>Broad knowledge</p> <p>Digital devices can be used to share information about creations with others.</p>	<p>Skill</p> <p>Use design software to create a simple plan for a design.</p> <p>Broad knowledge</p> <p>Computer-aided design is when computers are used to help design products. It has advantages over paper design in that it will show how finished products will look. Different colours and textures can also be trialled.</p>	<p>Skill</p> <p>Use design software to create a simple labelled design or plan.</p> <p>Broad knowledge</p> <p>Computer software can be used to help design or plan a product. Advantages include identifying and solving problems before the product is made and experimenting with different materials and colours. Labels can be added to designs for clarity.</p>	<p>Skill</p> <p>Write a program to make something move on a tablet or computer screen.</p> <p>Broad knowledge</p> <p>A program is a set of instructions written to perform a specified task on a computer.</p>	<p>Skill</p> <p>Write a program to control a physical device, such as a light, speaker or buzzer.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> • Remote control is controlling a machine or activity from a distance. Computers can be used to remotely control a device. 	<p>Skill</p> <p>Link a physical device to a computer or tablet so that it can be controlled (such as changing motor speed or turning an LED on and off) by a program.</p> <p>Broad knowledge</p> <p>Equipment and devices can be controlled by pressing buttons on a control panel, such as on a washing machine or microwave.</p>	<p>Skill</p> <p>Use a sensor to monitor an environmental variable, such as temperature, sound or light.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> • Many devices that we see in our homes and elsewhere use programmable sensors that monitor environmental variables, such as light, sound, movement and temperature.
Investigation	<p>AOL: PD</p> <p>Skill</p> <p>Choose and explore appropriate tools for simple practical tasks.</p> <p>Core knowledge</p>	<p>Skill</p> <p>Select the appropriate tool for a simple practical task.</p> <p>Core knowledge</p>	<p>Skill</p> <p>Select the appropriate tool for a task and explain their choice.</p> <p>Core knowledge</p>	<p>Skill</p> <p>Use tools safely for cutting and joining materials and components.</p> <p>Broad knowledge</p>	<p>Skill</p> <p>Select, name and use tools with adult supervision.</p> <p>Broad knowledge</p> <p>Useful tools for cutting include scissors, craft</p>	<p>Skill</p> <p>Name and select increasingly appropriate tools for a task and use them safely.</p> <p>Broad knowledge</p>	<p>Skill</p> <p>Select appropriate tools for a task and use them safely and precisely.</p> <p>Core knowledge</p>

	<ul style="list-style-type: none"> Sewing is stitching things using a needle and thread. 	<ul style="list-style-type: none"> Some foods need to be prepared before eating. Peeling, slicing, chopping, grating, tearing or mashing are different methods of preparing foods. 	<ul style="list-style-type: none"> Tools have characteristics that make them suitable for specific purposes. For example, a knife is good for cutting food because it has a sharp metal edge. 	<p>Specific tools can be used for cutting, such as saws. Wood can be joined using glue, nails, staples, or a combination of these. Safety rules must be followed to prevent injury from sharp blades. These rules include using a bench hook to keep the wood still, using a junior hacksaw with a pistol grip and working under adult supervision.</p>	<p>knives, junior hacksaws with pistol grip and bench hooks. Useful tools for joining include glue guns. Tools should only be used with adult supervision and safety rules must be followed.</p>	<p>There are many rules for using tools safely and these may vary depending on the tools being used. For example, someone using a chisel should chip or cut with the cutting edge pointing away from their body. All tools should be cleaned and put away after use, and should not be used if they are loose or cracked.</p>	<ul style="list-style-type: none"> Deconstructing garments identifies how they were made, the materials used and their properties. Hand stitches include running stitch, blanket stitch and whip stitch.
--	---	--	--	---	--	---	--

<p>Evaluation</p>	<p>AOL: Exp A&D Skill Adapt and refine their work as they are constructing and making.</p> <p>Broad knowledge Recognise that it is possible to change and alter their designs and ideas as they are making them.</p>	<p>Skill Talk about their own and each other's work, identifying strengths or weaknesses and offering support.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> A strength is something that is good about a piece of work. A weakness is an area that could be improved. 	<p>Skill Explain how closely their finished products meet their design criteria and say what they could do better in the future.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> A finished product can be checked against design criteria to see how successfully it has been made or to evaluate how well it works. Improvements can then be planned. 	<p>Skill Suggest improvements to their products and describe how to implement them, beginning to take the views of others into account.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Asking questions can help others to evaluate their products. For example, asking someone whether the materials selected helped achieve the purpose of the model. 	<p>Skill Identify what has worked well and what aspects of their products could be improved, acting on their own suggestions and those of others when making improvements.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Evaluation can be done by considering whether the product does what it was designed to do, whether it has an attractive appearance, what changes were 	<p>Skill Test and evaluate products against a detailed design specification and make adaptations as they develop the product.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Testing a product against the design criteria will highlight anything that needs improvement or redesign. 	<p>Skill Demonstrate modifications made to a product as a result of ongoing evaluation by themselves and to others.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> An iterative process starts with requirements and continues by creating a product, testing it, and revising it before creating a better version. The iterative process is a series of steps that are repeated,
-------------------	---	---	--	--	---	---	---

					<p>made during the making process and why the changes were made.</p> <ul style="list-style-type: none"> The evaluation process can include suggesting improvements and explaining why they should be made. 		improving the product with each cycle.
Cutting and joining textiles		<p>Skill Cut and join textiles using glue and simple stitches.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> A running stitch is made by passing a needle in and out of fabric. Running stitches are made at equal distances apart. 	<p>Skill Use different methods of joining fabrics, including glue and running stitch.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> A running stitch is a basic stitch used to join two pieces of fabric. 	<p>Skill Cut and join wools, threads and other materials to a loom.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Weaving involves interlacing pieces of thread or yarn or other materials. 	<p>Skill Hand sew a hem or seam using a running stitch.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> A hem runs along the edge of a piece of cloth or clothing. It is made by turning under a raw edge and sewing to give a neat and quality finish. 	<p>Skill Combine stitches and fabrics with imagination to create a mixed media collage.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> A collage is artwork made by sticking materials, such as scraps of paper or fabric, onto a background. 	<p>Skill Pin and tack fabrics in preparation for sewing and more complex pattern work.</p> <p>Broad knowledge Pinning with dressmaker pins and tacking with quick, temporary stitches holds fabric together in preparation for and during sewing.</p>
Materials for purpose	<p>AOL: Exp A&D</p> <p>Skill Select appropriate materials when constructing and making.</p> <p>Broad knowledge Different materials are suitable for different purposes, such as construction kits for modelling</p>	<p>Skill Select and use a range of materials, beginning to explain their choices.</p> <p>Broad knowledge Different materials are suitable for different purposes, depending on their specific properties. For example, glass is</p>	<p>Skill Choose appropriate components and materials and suggest ways of manipulating them to achieve the desired effect.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Properties of components and materials determine 	<p>Skill Plan which materials will be needed for a task and explain why.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Materials for a specific task must be selected on the basis of their properties. For example greenhouses need 	<p>Skill Choose from a range of materials, showing an understanding of their different characteristics.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Characteristics of materials, such as rigidity, strength and smoothness will affect the success of a working model. 	<p>Skill Select and combine materials with precision.</p> <p>Broad knowledge Materials should be cut and combined with precision. For example, pieces of fabric could be cut with sharp scissors and sewn together using a</p>	<p>Skill Choose the best materials for a task, showing an understanding of their working characteristics.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> It is important to understand the characteristics of different materials to select the most

	and ingredients for baking.	transparent, so it is suitable to be used for windows.	how they can and cannot be used.	transparent or translucent materials. Availability and cost have also got to be considered.	<ul style="list-style-type: none"> Visual qualities of a yarn can include its colour, elasticity, pattern and texture. Fabrics can be natural or synthetic. Natural fabrics include cotton, silk and wool. Synthetic fabrics include Lycra, polyester and nylon. 	variety of stitching techniques.	appropriate material for a purpose. This might include flexibility, waterproofing, texture, colour, cost and availability.
Decorating and embellishing textiles		<p>Skill Use gluing, stapling or tying to decorate fabric, including buttons and sequins.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Decorations can be attached to fabric by gluing, stapling or tying. 	<p>Skill Add simple decorative embellishments, such as buttons, prints, sequins and appliqué.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Embellishment is a decorative detail or feature added to something to make it more attractive. 	<p>Skill Decorate a loom weaving using embellishments, such as natural or silk flowers, tassels and bows.</p> <p>Broad knowledge A loom weaving is a piece of fabric that has been woven on a loom by interlacing threads. An embellishment is a decorative detail or feature, such as a silk flower, tassel or bow, added to something to make it more attractive.</p>	<p>Skill Create detailed decorative patterns on fabric using printing techniques.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Block printing and fabric paint are used to create decorative, repeated patterns on fabrics. 	<p>Skill Use applique to add decoration to a product or artwork.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Applique is a technique where pieces of material are attached to another material by stitching or gluing. 	<p>Skill Use different methods of fastening for function and decoration, including press studs, Velcro and buttons.</p> <p>Broad knowledge Fastenings hold a piece of clothing together. Types of fastenings include zips, press studs, Velcro and buttons.</p>
Food preparation and cooking	AOL: Maths Skill Follow instructions, including simple	Skill Measure and weigh food items using non-standard measures,	Skill Prepare ingredients by peeling, grating, chopping and slicing	Skill Prepare and cook a simple savoury dish.	Skill Identify and use a range of cooking	Skill Use an increasing range of preparation and cooking	Skill Follow a recipe that requires a variety of techniques and source

	<p>recipes, that include measures and ingredients.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> A recipe is a set of instructions that tells us how to make food. 	<p>such as spoons and cups.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Fruits and vegetables can be mixed to make a healthy salad. Salad dressings can improve the flavour of salads. 	<p>.</p> <p>Broad knowledge</p> <p>Some ingredients need to be prepared before they can be cooked or eaten.</p> <p>There are many ways to prepare ingredients: peeling skins using a vegetable peeler, such as potato skins; grating hard ingredients, such as cheese or chocolate; chopping vegetables, such as onions and peppers and slicing foods, such as bread and apples.</p>	<p>Core knowledge</p> <ul style="list-style-type: none"> Preparation techniques for savoury dishes include peeling, chopping, deseeding, slicing, dicing, grating, mixing and skinning. 	<p>techniques to prepare a simple meal or snack.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Cooking techniques include baking, boiling, frying, grilling and roasting. 	<p>techniques to cook a sweet or savoury dish</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Sweet dishes are usually desserts, such as cakes, fruit pies and trifles. Savoury dishes usually have a salty or spicy flavour rather than a sweet one. 	<p>the necessary ingredients independently.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Ingredients can usually be bought at supermarkets, but specialist shops may stock different items such as specialist vegetables or coffees. Greengrocers sell fruit and vegetables, butchers sell meat, fishmongers sell fresh fish and delicatessens usually sell some unusual prepared foods, as well as cold meats and cheeses.
--	--	---	--	--	---	--	---

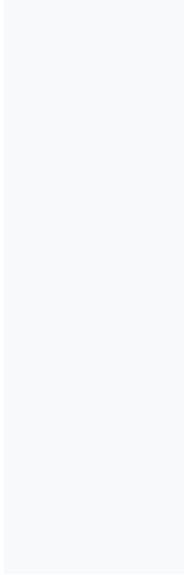
Nutrition	<p>AOL: PSED</p> <p>Skill</p> <p>Suggest healthy ingredients that can be used to make simple snacks.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Fruit and vegetables are healthy foods. We need to eat at least five 	<p>Skill</p> <p>Select healthy ingredients for a fruit or vegetable salad.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Fruit and vegetables are an important part of a healthy diet. It is recommended that people eat at least five portions 	<p>Skill</p> <p>Describe the types of food needed for a healthy and varied diet and apply the principles to make a simple, healthy meal</p> <p>Core knowledge</p> <ul style="list-style-type: none"> A healthy diet should include meat or fish, starchy foods 	<p>Skill</p> <p>Identify the main food groups (carbohydrates, protein, dairy, fruits and vegetables, fats and sugars).</p> <p>Core knowledge</p> <ul style="list-style-type: none"> There are five main food groups: fruit and vegetables; 	<p>Skill</p> <p>Design a healthy snack or packed lunch and explain why it is healthy.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Foods need packaging to keep them fresh, safe to eat and free from damage. Food packaging also provides 	<p>Skill</p> <p>Evaluate meals and consider if they contribute towards a balanced diet.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> A balanced diet gives your body all the nutrients it needs to function correctly. This means eating a 	<p>Skill</p> <p>Plan a healthy daily diet, justifying why each meal contributes towards a balanced diet.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> Eating a balanced diet is a positive lifestyle choice that should be
-----------	--	--	---	---	--	---	---

	portions of fruit and vegetables a day. <ul style="list-style-type: none"> • Heating food can change its appearance, taste, texture and colour. • Fruit and vegetables are healthy food. 	of fruit and vegetables every day.	(such as potatoes or rice), some dairy foods, a small amount of fat and plenty of fruit and vegetables.	carbohydrates (potatoes, bread, rice and pasta); proteins (beans, pulses, fish, eggs and meat); dairy and alternatives (milk, cheese and yoghurt) and fats (oils and spreads). <ul style="list-style-type: none"> • Foods high in fat, salt and sugar should only be eaten occasionally as part of a healthy, balanced diet. 	nutritional information about the food inside.	wide variety of foods in the correct proportions.	sustained over time. <ul style="list-style-type: none"> • Food packaging provides important nutritional information about the food inside.
--	--	------------------------------------	---	---	--	---	---

Origins of food	AOL: World Skill Begin to identify the origins of some foods.	Skill Sort foods into groups by whether they are from an animal or plant source.	Skill Identify the origin of some common foods (milk, eggs, some meats, common fruit and vegetables).	Skill Identify and name foods that are produced in different places.	Skill Identify and name foods that are produced in different places in the UK and beyond.	Skill Describe what seasonality means and explain some of the reasons why it is beneficial.	Skill Explain how organic produce is grown.
	Core knowledge <ul style="list-style-type: none"> • Food can be from plants such as fruit, vegetables, nuts and seeds. • Animals provide meat and also produce food such as milk, eggs and honey. 	Core knowledge <ul style="list-style-type: none"> • Some foods come from animals, such as meat, fish and dairy products. • Some come from plants, such as fruit and vegetables. 	Core knowledge <ul style="list-style-type: none"> • Food comes from two main sources: animals and plants. • Milk comes mainly from cows but also from goats and sheep. • Eggs belong to the animal product category. • They are laid by female animals. 	Broad knowledge The types of food that will grow in a particular area depend on a range of factors, such as the rainfall, climate and soil type. For example, many crops, such as potatoes and sugar beet, are grown in the south-east of England. Wheat, barley and vegetables grow well in the east of England.	Core knowledge <ul style="list-style-type: none"> • Particular areas of the world have conditions suited to growing certain crops, such as coffee in Peru and citrus fruits in California in the United States of America. 	Core knowledge <ul style="list-style-type: none"> • Buying seasonal food is beneficial for many reasons. These include the food having higher nutritional value, reducing transportation and supporting local growers. • Seasonality is the time of year when the harvest or flavour of a type 	Core knowledge <ul style="list-style-type: none"> • Whole foods have not been changed from their natural form. • Organic whole foods are grown without the use of man-made fertilisers, pesticides, growth regulators or animal feed additives.

			<p>The most common types eaten by humans include chicken and duck eggs.</p> <ul style="list-style-type: none"> • Honey is made by bees. • Most edible oils are made from plant parts. • Olive oil, vegetable oil and coconut oil are all made from plant sources. • Sugar is made from plants called sugar cane and sugar beet. • Plants also give us nuts, such as almonds, walnuts and hazelnuts. 		of food is at its best.		
Compare and contrast	<p>AOL: Exp A&D Skill Describe what, why and how something was made and compare with others.</p> <p>Broad knowledge Aspects of designing and making can be compared with others, including inspiration for making a product</p>	<p>Skill Describe the similarities and differences between two products .</p> <p>Core knowledge</p> <ul style="list-style-type: none"> • Two products can be compared by looking at a set of criteria and scoring both products against each one. 	<p>Skill Compare different or the same products from the same or different brands.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> • A brand is a name, term, design, or symbol identifying a seller's products or services. 	<p>Skill Explain the similarities and difference between the work of two designers.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> • Work from different designers can be compared by assessing specific criteria, such as their visual impact, fitness for purpose and target market. 	<p>Skill Create and complete a comparison table to compare two or more products.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> • A comparison table is an organised way to compare products. 	<p>Skill Survey users in a range of focus groups and compare results.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> • Evaluations can be made by asking product users a selection of questions to obtain data on how the product has met its design criteria. 	<p>Skill Create a detailed comparative report about two or more products or inventions.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> • Products and inventions can be compared using a range of criteria, such as the impact on society, ease of use, appearance and value for money.

	and the tools and techniques used.						
Significant people	<p>AOL: Exp A&D</p> <p>Skill Explore significant products.</p> <p>Broad knowledge Some products are significant because they have changed the way people live their lives.</p>	<p>Skill Describe why a product is important.</p> <p>Broad knowledge The importance of a product may be that it fulfils its goals and performs a useful purpose.</p>	<p>Skill Explain why a designer or inventor is important.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> • School kitchen staff are important people because they design and provide healthy meals. • The Cath Kidston brand was an important British brand which began in the 1990s. • It was easily recognisable for its floral patterned fabric and use of classic British iconography including the Red London Bus and London black cab. 	<p>Skill Describe how key events in design and technology have shaped the world.</p> <p>Broad knowledge Key inventions in design and technology have changed the way people live.</p>	<p>Skill Explain how and why a significant designer or inventor shaped the world.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> • Food deteriorates due to the growth of microorganisms. • Significant scientists such as Louis Pasteur and inventors such as Nicolas Appert have ensured decay can be prevented or delayed by preservation methods, such as drying, salting, pickling, canning, pasteurising, refrigerating or freezing the food. • The 'use by' date shows when the food is no longer safe to eat. • The 'best before' date shows the date after which the food will lose some flavour or texture. 	<p>Skill Describe the social influence of a significant designer or inventor.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> • A Roman architect called Vitruvius said that successful buildings should have firmitas (stability), utilitas (useful space) and venustas (an attractive appearance). 	<p>Skill Present a detailed account of the significance of a favourite designer or inventor.</p> <p>Core knowledge</p> <ul style="list-style-type: none"> • Significant engineers have improved, safety, people's lives and trade through their constructions. • Significant bridges include: the Menai Bridge, Clifton Suspension Bridge and Forth Bridge.



- William Morris was a British textile designer, artist and socialist activist associated with the British Arts and Crafts Movement.
- William Morris was a significant contributor to the revival of traditional British textile arts and methods of production.
- William Morris' motifs consisted mainly of leaves, flowers, fruits and birds.