



Be . Build . Become

Things for your child to practise before they start school

- Can they put their coat on by themselves and button/zip it up?
- Can they put their shoes on all on their own?
- If they have a lunch box, see if they can open and close it by themselves.
- Can they eat their dinner with a knife and fork? Attempting to cut items.
- If they wear tights, can they pull them up on their own?
- Can they go to the toilet on their own?
- How many numbers can they find around them—both in and out of your house?
- Can they join in with nursery rhymes?
- Are they able to write their name or begin to write some letters from their name?
- Can they share their toys with friends?
- Can they help to tidy up their toys?

These are not imperative but extremely helpful if your children can be practising these independence skills leading up to starting school.