

## **My Curriculum Map**

| 2023/2024 |  |  |                              |                              |   |   |
|-----------|--|--|------------------------------|------------------------------|---|---|
|           | TERM 1   |  | TERM 2                       |                              | TERM 3  |   |
| Nursery   |  |  |                              |                              |   |   |
| Reception | PHYSICAL DEVELOPMENT  EXPLORING SPACE AND SAFETY | PHYSICAL<br>DEVELOPMENT  Balance, strength<br>and co-ordin | PHYSICAL<br>DEVELOPMENT      | PHYSICAL<br>DEVELOPMENT      | PHYSICAL DEVELOPMENT  Fundamentals: Unit 1                  | PHYSICAL DEVELOPMENT  Preparing for sports day          |
| Year 1    | Yoga<br>Ball Skills                              | Gymnastics  Sending and Receiving                          | Fitness  Net and Wall  Games | Dance Target Games           | Team Building  finishing Target Games  Athletics            | Striking and Fielding Games  Athletics/preparing for Sp |
| Year 2    | Yoga<br>Ball Skills                              | Gymnastics  Sending and Receiving                          | Fitness  Net and Wall Games  | Dance Invasion Games         | Team Building  Athletics                                    | Striking and Fielding Games  Athletics/preparing for Sp |
| Year 3    | Yoga Swimming Football                           | Swimming  Ball Skills Y3/4                                 | Yoga Swimming Fitness        | Gymnastics  Swimming  Tennis | Swimming  Athletics  Intra House event                      | Preparing for Sports Day  Rounders                      |
| Year 4    | Yoga<br>Football                                 | Gymnastics Handball  | Fitness Hockey               | Dance Athletics              | Tennis  Cricket  Intra House event                          | Preparing for Sports Day  OAA  Golf                     |
| Year 5    | Yoga<br>Tag Rugby                                | Gymnastics Netball   | Swimming Hockey              | Fitness Swimming Hockey      | OAA residential trip  Cricket  Athletics  Intra House event | Dance<br>Tennis   |
| Year 6    | Yoga Swimming Tag Rugby                          | Yoga Swimming Netball                                      | Fitness  Hockey              | Gymnastics Hockey            | Athletics  Cricket  Intra House event                       | Mental Health workshops  Dance  Tennis                  |